### **KALLAH 2020'S**

# Ultimate Program Guide

Everything you need to know before you attend Kallah 2020



## Schedule

### **FRIDAY**

Opening ceremonies + Naming program	5:00-5:45
Shabbat	5:50-6:20
Dinner break	6:20-8:30
BBG Separates-AZA Separates	8:35-9:15
Onegs- Among Us Oneg with Lost tribe Philosophical Story time with Nir Spooky Summer Campfire with Jennie Trader Joeneg with Ariel+Jordan	9:20-10:00

### Cabin Thingz (Roomates)

Laila Tov	10:05-11:00
Saturday	11:00

### Morning Jazzercise

International Service	10:00-10:35
Bnei Mitzvah Program	10:30-11:00
Lunch	11:15-12:00

12:00-2:00

### Schedule

Parashot Block Jewish Family Feud! (History) Parsha Puzzle! (Spiratuality) Drawing and Drash(CultureJewish Social Norms Block	2:00-2:35
Social Norms Block Judaism Through the Decades w/ PWR A Glance at Jewish Ethnic Groups w/ Columbia Asking Argentina	2:40-3:15
Chofesh/afternoon break	3:15-4:00
Putting the I in Isreal	4:05-4:50
In Person Bro Sis activity/ virtual option	5:30-6:50
Dinner	5.30-0.30
Havdalah and Song Sesh	7:00-8:00
Escape to the Afterparty!	8:00-8:35
Late night fun	9:00-10:00
Lila tov	10:00-10:45
	11:00

## Schedule

### **SUNDAY**

Boker Tov	10:30-11:00
Mental Health Spa Day	11:05-11:30
Round One	11:35-12:10
At home full body burner workout - Adam Quigley	11.55 12.10
Shalom Soundscapes	
Born this way Foundation kindness program	
Jewish mysticism and yoga	
Round Two	
Yoga nidra meditative practice	12:20-12:55
Shalom Soundscapes	
Bamidbar 8 dimensions of wellness	
Registered Dietician	
Closing Self Care ToolkitSelf Care	
Jewish life Reflection Block:	1:05 0:00
From our Jewish Roots we Grow! (History)	1:35-2:00
Manifestation Sensation (Spirituality)	
Racial Justice Let's Taco about it (Culture)	
Closing Ceremonies	

2:00-2:30

### THE CONVENTION OF A LIFETIME

Judaism is woven into our lives in ways we don't realize, which is why Kallah is structured after a Jewish lifetime. Together we will go through the important milestones, connect to our roots and find our paths to grow. On October 16-18th, all of our Jewish journeys will intersect at this convention, and we will come out the other side enriched in what Judaism has to offer us

### Naming Ceremony

By your Coordinators, finding the roots to ourselves, redefining how our names define us

### B'nai Mitzvah

By your Judiac Enrichment Team, Ethan Torban and Annabelle Honigstein, how the beginning of our jewish adulthood led us to where we are now

### Life Reflection

How has Judaism shaped our lives, and how will it continue? By Your Narrative Leaders during Block 3



### Jewish Wedding

Our Saturday Night escape room fun! Narrated By Nirrator Nir Reiter, Convention Narrator

### Block 1: Parashot

### CULTURE: PARSHA PUZZLE! - INTERPRETATION OF MEANING OF PARASHOT AND THEIR OVERALL MORALS

Ever wondered what the weekly parsha readings mean? What is happening in these Parashots, and how does it relate to your Jewish identity? If so, gather your critical thinking skills and get ready to interpret a puzzle based on Parashat Lech Lecha! We'll see which group is the best interpreter

By Tamar Boiman

### **HISTORY: JEWISH FAMILY FUED!**

Doooo, doo, do, doo, doo, doo. It's time to play (Jewish) Family Feud! Do you know a lot about biblical history? Well then you came to the right place. Wait what's that, you don't have any clue about biblical history? Survey says...not for long!

Get ready to go head to head to put your knowledge to the test, and learn something new along the way

By Sonja Lippman.

### **SPIRITUALITY: DRAWING & DRASH**

In this program, we'll be digging deeper into the Torah's cultural significance in Judaism through art expression and comics! Be prepared to use your inner artist!

By Hannah Null

# Block 2: Jewish Social Norms

### SPIRITUALITY: PRACTICING JUDAISM IN COLUMBIA VS. UNITED STATES

Ever wondered how Judaism is different in other countries? Now you can! Come to learn about how people practice Judaism differently and Judaism's abundance in Columbia

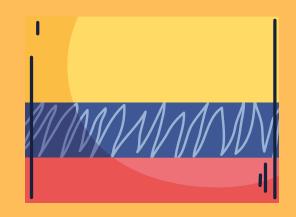
By Tamar Boiman



### **CULTURE: ASKING ARGENTINA**

Do you want to know what it's like to be a Jew in Argentina? Is BBYO there similar to how it is here? How alike are our two cultures? You're in luck because you'll get to talk with Jewish teens from BBYO Argentina and find out for yourself! Come have some fun, learn about some cultures, and make some international friends.

By Sonja Lippman



### HISORY: JUDAISM THROUGHOUT THE DECADES! (WITH PACIFIC WEST REGION)

Get ready to travel back in time as we learn about Jewish social norms throughout the decades! You'll be working with other members from CRW and PWR to look into a social norm for each decade and make a slideshow. Don't forget to put on your poodle skirts or your bell bottoms

By Hannah Null



### Block 3: Reflection

### **HISTORY: FROM OUR JEWISH ROOTS WE GROW!**

Stories are told from generation to generation to generation. You may know your grandparents' love story, but do you know a story from your Jewish great-great-great-great- (that's enough "great"!) grandparents? Probably not! But in the program "From Our Jewish Roots We Grow" you can! Come to learn about what it was like to live as your ancestors in their time period, your Savta/babushka will be so proud By Tamar Boiman



### **SPIRITUALITY: MANIFESTATION SENSATION**



Focused around self reflection and spirituality, during this program you will learn more about your personal Jewish identity and what spirituality means to you. Join us for a manifestation session and a chill self-

reflection activity! By Hannah Null

### **CULTURE: RACIAL JUSTICE- LET'S TACO 'BOUT IT**

Recently we've been experiencing one of the largest civil rights movements in American history as we reflect on the racist systems in the US. But how can this all pertain to our own Jewish community? Come learn about Jews of Color around the world and discuss how we fit into issues of racial justice. CRW should be a place where all Jewish teens feel included, so lets make it happen! \*disclaimer - unfortunately no tacos will be provided but feel free to bring your own!







### Trader Joe-neg

Come hang out with jordan and ariel as we test out some fun (and slightly controversial) trader joes foods! items may include but are not limited to (if you want the same menu as us): trader joes bamba, pickled popcorn, dried french fries, chocolate hummus, etc. you will not want to miss our reviews; after all, we have a very advanced vocabulary and taste buds! see you there!

### Story-Time with Nir

Does getting cozy, sipping some sleepy time tea and listening to Convention Narrator Nir Reiter read a timeless story book to you sound like a oppurtunity of a life time? You'd be surprised.

Thanks to Lost-tribe Sports, you can join your regional friends for a game of Among us, led by Manor Raviv!

Among Us Oneg!

# Spooky summer Campfire

Gather around the virtual campfire and share those epic summer program stories! Did you see a ghost? A skeleton in your hammock? Come get spooked, led by Jennie Nueman!

# PUT THE "I" IN ISRAEL AT OUR ISRAEL PROGRAM

LED BY REG GIZBORIM AND NOA OHANA, CRW'S GLOBAL ISRAEL FELLOW. WE WILL BE JOINED BY NITZAN BEN SHAYA, BBYO'S INTERNATIONAL SHLICHA AND ISRAELI TEENS FROM MACCABIA TZAIR!



### DRESS UP THEMES

### Friday

Night: Dress Fancy for Shabbat **Saturday** 

Morning: Wild West

Afternoon: Chapter Spirit

Night: 2000's vibes

Sunday

Morning: Hippie/Tie-dye

### **OTHER MATERIALS**

-Computer with updated Zoom installed -A charger

-A Mask for in person program
-Materials from your drop off package

-Snacks and Comfy Clothes

-A smile :)

KALLAH 2020 FROM OUR ROOTS WE GROW

# Me can't wait to see you finere

MAKE SURE TO ADD US ON REMIND:
HTTPS://WWW.REMIND.COM/JOIN/KALLAHC
SINCERELY, YOUR LT
CARMEL RAVIV
ARIELLE BLUMENFELD
BOBBY GORELICK
ELLA NOWINSKI